

WELCOME TO SPORT

COME AND JOIN A SPORTS CLUB



StadtSportBund
Dortmund



Sportjugend
Dortmund

SPORT SPEAKS EVERY LANGUAGE

Sport is always at its most enjoyable in the company of others. In Germany, people meet up in sports clubs at fixed times, either in an indoor sports venue or on an outdoor ground. A trainer demonstrates exercises or sets tasks, and the group carries them out.

Making friends

A sports club is a good place to meet new people. The members help each other – not only doing sport, but in other areas of life, too. Many acquaintances made in sports clubs grow into close friendships.

Sport for fun

For many people, the main purpose of being in a sports club is simply to meet up with others and enjoy doing the physical exercise together. You may participate in competitive events, but you don't have to.

What sport do you do?

Whether aikido, football, wrestling, judo, swimming, gymnastics, dancing, yoga, or any other sport, there's something for everyone in Dortmund.

Learning

Sport clubs are an ideal place for learning to speak German and finding out more about the German way of life. And also for the other members to learn something about your home country.

Volunteering

If you have a keen interest in a particular sport, you may decide to qualify as a trainer. But sports clubs are also always in need of help in many other areas. Ask a trainer how you, too, can help.

Health

Regular sport is important for your health. It strengthens the immune system, helps to prevent illness, and develops the body's motoric skills.

Ask us:

We will be delighted to put you in touch with a sports club. What sport are you interested in? Which part of town do you live in? How old are you?

Send us an email, give us a call, or simply drop by:

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Web search:

On our website, you will find a list of all sports clubs in Dortmund:

www.ssb-do.de/vereinssuche



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